

NSS

Part – V Syllabus

Program Code: UNS

2023- Onwards



MANNAR THIRUMALAI NAICKER COLLEGE

(AUTONOMOUS)

Re-accredited with “A⁺” Grade by NAAC

PASUMALAI, MADURAI – 625 004

MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS),
MADURAI – 625 004
NATIONAL SERVICE SCHEME CURRICULUM
(For the students admitted from the academic year 2023-2024 onwards)

Course Code	Title of the Course	Hrs	Credits	Maximum Marks		
				Int	Ext	Total
SIXTH SEMESTER						
Part – V	Extension activities					
23UNSET61	National Service Scheme	-	1	25	75	100
Total		-	1	25	75	100

SIXTH SEMESTER

MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)



NATIONAL SERVICE SCHEME CURRICULUM

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Name of the Course	National Service Scheme			
Course Code	23UNSET61	L	P	C
Category	Extension Activities	-	-	1

COURSE OBJECTIVES:

- To expose the students to the importance of NSS activities and awareness of resources.
- To bring awareness to the students about Health first aid programme and administrative skills during 7 days special Camp.
- To aware and contribute the Unity in Diversity and Nation building activities.
- To develop the skills to learn disaster management skills.
- To equip the students for NSS Programme activities as volunteers.

UNIT - I NSS

NSS : Introduction –Origin and growth of NSS – Objectives – Motto – Symbol – NSS – Important National Days – NSS Song, NSS Programme Officer – NSS Volunteer – Community – Aims of NSS Programme /Activities – Classification of NSS Programme.

UNIT - II Special Programme

Legal Awareness – Health awareness –Blood Donation Camp, First –Aid –Career Guidance – Leadership. Training cum –Cultural Programme – Planning, Preparation and Guidelines for the successful organization and Administration of camp.

UNIT - III Social Awareness

Basics and Social Service, Weaker Section of our society and their needs – NGOs: Role and Contribution – Civic responsibility – causes and Prevention; role of youth –Drug Abuse and Trafficking –awareness of HIV / AIDS. National Integration: Importance and Necessity - National interests, Objectives, Threats and Opportunities – Unity in Diversity – Contribution of Youth in Nation Building.

UNIT - IV First Aid

Artificial Respiration – Control of Bleeding – Fractures – Burns – Shock – Wounds – Eye Injuries – Heat Stroke – Snake Bite – Dog Bites – Poisoning., Disaster Management: Characteristics and types of Disasters (Geological and Mountain Area Disaster, Wind and Water Related natural Disaster, Man made Disaster) , Causes and effects, Assistance during Natural / Other Calamities ; Flood / Cyclone / Earth Quake / Accident etc., Prevention and pandemic diseases, Demo and Kit Provision for CPR.

UNIT - V Field Work Based Activities

Adoption of Villages – Contacting Villages / Area Leaders – Survey of the Villages / Area Identification of Problem(s) Completion of Projects – Evaluation of Project – Adoption of Slums – Survey of the Slum – Services in Slums - Coordination with Voluntary – Organizations.

BOOKS FOR STUDY:

- Guidelines for Junior and Youth Red Cross by Indian Red Cross Society.
- Indian First Aid Manual , 2016, 7th Edition by Indian Red Cross Society
- Morrison, Terrance. *Actionable Learning*. Asian Development Bank Institute: Tokyo, 2001.

BOOKS FOR REFERENCES:

- University of Mumbai National Service Scheme Manual 2009.
- National Service Scheme Manual for NSS District Coordinators, National Service Scheme Cell, Dept. of Higher and Technical Education, Mantralaya,
- Annual report of National Service Scheme (NSS) published by Dept. of Higher and Technical Education, Mantralaya,
- NSS Cell, Dept. of Higher and Technical Education, Mantralaya, UTKARSHA- Socio and cultural guidelines.

WEB RESOURCES:

- ❖ <http://en.wikipedia.org/wiki/national-service-scheme>
- ❖ <http://nss.nic.in/adminstruct> <http://nss.nic.in/propexpan>
- ❖ <http://nss.nic.in>
- ❖ <http://socialworknss.org/about.html>

Nature of Course	EMPLOYABILITY		✓	SKILL ORIENTED		ENTREPRENEURSHIP	
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL	✓	GLOBAL
Changes Made in the Course	Percentage of Change		20%	No Changes Made		New Course	
* Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.							

COURSE OUTCOMES:**K LEVEL**

After studying this course, the students will be able to:

CO1	Discussion to understand the importance of NSS activities	K1 to K2
CO2	Practicing and acquire knowledge on Health first aid programmes	K1 to K2
CO3	Summarize the Unity in Diversity and Nation building activities.	K1 to K2
CO4	Classify to learn disaster management skills develop skills of Social awareness.	K1 to K2
CO5	Demonstrate themselves to involve in NSS Programme activities as volunteers.	K1 to K2

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	-	-	3	3	3	2	-	-	-	-
CO2	-	-	2	3	3	2	-	-	-	-
CO3	-	-	2	3	3	2	-	-	-	-
CO4	-	-	2	2	3	1	-	-	-	-
CO5	-	-	1	2	1	1	-	-	-	-
S- STRONG			M – MEDIUM					L - LOW		

LESSON PLAN:

National Service Scheme	HRS	PEDAGOGY
NSS : Introduction –Origin and growth of NSS – Objectives – Motto – Symbol – NSS – Import National Days – NSS Song, Environmental Awareness : Natural Resources – Conservation and Management – Water conservation and Rain water harvesting – Solid waste management – Pollution control: Water, Air, Noise and Soil – Energy conservation – Wildlife Conservation – Global warming.	-	-
Legal Awareness – Health awareness –Blood Donation Camp, First – Aid –Career Guidance – Leadership. Training cum –Cultural Programme –Globalization and its Economic Social and Cultural Impacts. Planning and Preparation of special Camping Programme. Planning at institutions level – Guidelines for the success of camp-Importance of successful camping programme – Guiding principles – organization of camp – Administration of camp.	-	-
Basics and Social Service, Weaker Section of our society and their needs – NGOs : Role and Contribution –Civic responsibility – causes and Prevention; role of youth –Drug Abuse and Trafficking –awareness of HIV / AIDS.. National Integration : Importance and Necessity – Freedom Struggle and Nationalistic movement in India – National interests, Objectives, Threats and Opportunities – Unity in Diversity – Contribution of Youth in Nation Building.	-	-
Artificial Respiration – Control of Bleeding – Fractures – Burns – Shock – Wounds – Eye Injuries – Heat Stroke – Snake Bite – Dog Bites – Poisoning., Disaster Management : Characteristics and types of Disasters (Geological and Mountain Area Disaster , Wind and Water Related natural Disaster, Man made Disaster) , Causes and effects, Assistance during Natural / Other Calamities ; Flood / Cyclone / Earth Quake / Accident etc.	-	-
NSS Programme Officer – NSS Volunteer – Community – Aims of NSS Programme /Activities – Classification of NSS Programme – Adoption of Villages – Contacting Villages / Area Leaders – Survey of the Villages / Area Identification of Problem(s) Completion of Projects – Evaluation of Project – Adoption of Slums – Survey of the Slum – Services in Slums - Coordination with Voluntary – Organizations.	-	-